

THREE BUOYS

TO BEGIN

Three Buoys Tasting Slate - two to share 18

Tiger prawns, chorizo, asparagus, hake bites, polenta, cumin sweet potato, IOW tomatoes, paprika yoghurt

Seared Scallops	9.5	Smoked Duck Breast	7.5
Curried cauliflower, pomegranate, coriander		Beetroot, pickled walnut, white onion purée	
Isle of Wight Heritage Tomatoes	7	White Crab	8
Green Barn goat's curd, baby onion, black olive		Quinoa, brown crab, saffron fennel, radish, orange, sesame	

MAIN MEAL

32 Day Dry Aged IOW Sirloin Steak (300g)	26
Cumin sweet potato, Isle of Wight heritage tomato, almond and basil pesto, crumbled feta	
Masala Monkfish	18
Sweetcorn, beetroot, asparagus	
Three Buoys Prime Beef Burger	14
Brioche bun, chorizo ketchup, Monterey Jack, tomato, baby gem lettuce, skinny fries, smoked paprika aioli	
St Austell Bay Mussels	7.5 / 15
Piccolo tomato, chorizo, garlic croute	
Pork Loin Medallions	15
Harissa tomato sauce, artichoke, white anchovy	
Roasted Carrot	13
Chickpea, Gorgonzola, walnut, watercress salad	
Corn fed Chicken Supreme	18
Brioche, chantenay carrots, mushroom ketchup, feta, Parma ham	
Gin Battered Fish and Lemon Salted Chips	13.5
Pea purée, tartar sauce	

TREAT YOURSELF

WHY NOT START WITH A GIN & TONIC FROM OUR SPECIAL MENU

JUST LANDED

TAKE A LOOK AT THE BLACKBOARD FOR OUR FRESH SEAFOOD SPECIALS

SUNDAY ROAST

1 COURSE £14
2 COURSES £18
3 COURSES £22

AVAILABLE EVERY SUNDAY FROM NOON

SIDES

Polenta chips	4	Charred sweetcorn, piccolo tomato, radish	3.5
Garlic ciabatta, Grana Padano	3	Granny Smith, pickled walnut, watercress	4
Tender stem broccoli, almond, caper	4.5	Seasoned skinny fries	3.5
Maple glazed baby potatoes, chorizo, chive	4	Cumin sweet potato, feta, coriander	4

A discretionary 10% service charge will be added to tables of 6 or more. Please let us know about dietary requirements before ordering.